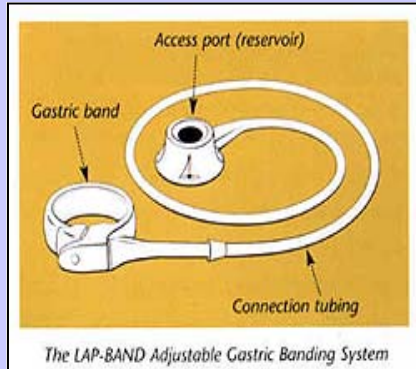


Laparoscopic Gastric Band

'Minimal Invasive surgery for obesity'

The Band; A prosthesis used to control the amount of food that a person can eat.



Band adjustments; Out patient procedure to fill or remove fluid from band to control food intake

BMI (Body Mass Index); The weight (in kilograms) of a person divided by the square of height (in meters):

Normal BMI: 20 - 24.9

Overweight: 25 - 29.9

Obese: 30 - 34.9

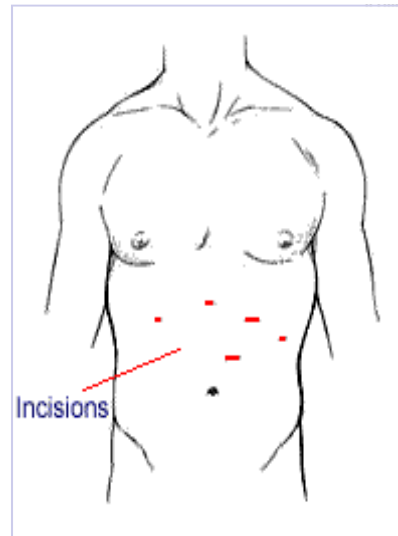
Severely obese: 35 - 39.9

Morbidly obese: 40 - 49.9

Super obese: Over 45

Laparoscopic

Means keyhole surgery involving only four or five small incisions of which two are about 1 cm and the rest 0.5 cm in size.



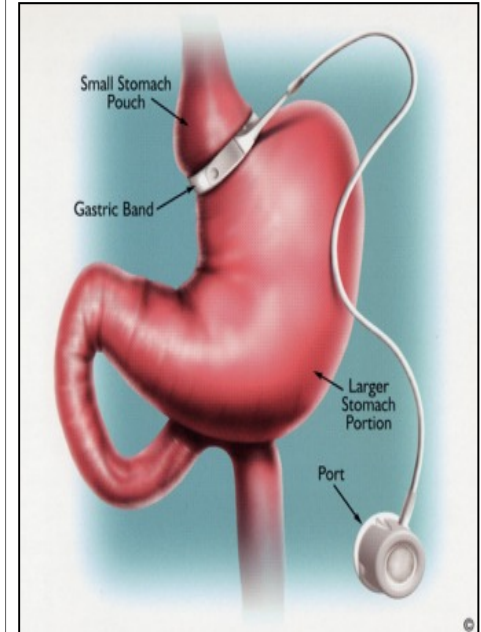
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Quality Treatment, Rightly Priced!



**Gastric Banding Surgery
for the Treatment of
Obesity**

**Patient Information
Leaflet**



Laparoscopic Gastric Band Surgery for the treatment of Obesity

The Procedure

This operation is done to create a small pouch (15 -20 ml – the size of a golf ball) in the upper part of the stomach with a Band controlling its exit into main stomach cavity, thus limiting food intake.

The operation is done with a keyhole method involving four or five small 0.5 – 1 cm incisions under general anaesthetic.

A gastric band device is placed around the upper part of the stomach. The resulting pouch (the "new working stomach") reduces the capacity of the stomach thus giving a feeling of fullness after eating a small amount of food.

A port is placed above the abdominal muscles, through which saline (fluid) can be injected to inflate the balloon thus restricting the exit of food from the pouch.

Recovery will generally take 24 – 48 hours. Balloon is inflated four weeks after surgery. The inflations of balloon are done in gradually to fine tune this to the ability of a patient to eat food.

Weight loss is monitored and further band adjustments (from 3 to as many as 12 in some cases in the first year) are carried out.

Patients are expected to lose up to 60% of their excess body weight in the first 24 months.

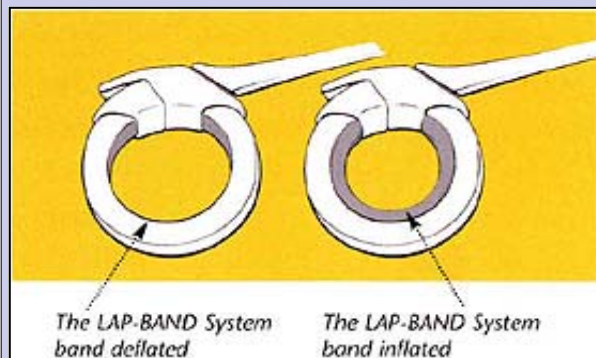
Weight Management

Weight loss should ideally be achieved with healthy eating habits, dieting and exercise. In difficult cases advice should be sought from general practitioner who can check for any underlying conditions that may contribute towards obesity.

Tests are required to assess the prevalence of medical conditions associated with obesity.

Medicines are also available to help lose weight.

If all these measures fail then surgical options should be considered.



Benefits of laparoscopic gastric band surgery

There are a number of reasons for considering a laparoscopic gastric band;

- The stomach is not cut or removed
- Continuity of the stomach is maintained
- The bands can be adjusted to patient's needs after surgery with a simple port injection
- It is reversible and the band can be removed with keyhole method
- Risk of post operative complications is less than 1%
- It involves only a short hospital stay

Advantages of Reducing Weight

Consider the advantages of losing weight: You have;

- Decreased risk of heart disease
- Enhanced life expectancy
- A cure for Diabetes
- Reduced risk of arthritis and joint pains
- A cure for Sleep apnea
- Enhancement of Female fertility
- Overcoming Social and Psychological problems

A Multidisciplinary Team

In accordance with 'NICE' (National Institute of Clinical Excellence) guidelines, patients are assessed by the our multidisciplinary team, which includes two surgeons, three physicians, an anaesthetist, a psychiatrist/ psychologist and a dietician, who assess the suitability of the patient for bariatric surgery and give appropriate advice .

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